

Today's Pattern (今日のパターン)

used to – (助動詞 used to)

Today's Sentence (今日の例文)

I used to walk my dog.

(以前はよく犬の散歩をしたものです。)



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Objectives of This Material (このテキストの目的)

1. Broaden word expressions, not only to understand but also to construct them.  
(基本文型を理解するだけでなく、使いこなせるようになる)
2. Gain confidence in speaking by completing simple practice conversations.  
(簡単な会話練習から始めて、英会話の自信をつける)
3. Feel your progress and enjoy English!  
(自分の上達を実感し、英語を楽しむ)

Previous Lessons Review (これまでのレッスンの復習) (5-10 mins)

Directions: Practice the sentence pattern of your previous lessons. (これまで学習したパターンを復習しましょう)

0-1. It's (about / high) time –

**Tutor:** More and more young people are losing their values. What can you say about that?

**Student:** I think it's high time \_\_\_\_\_.

0-2. I'd rather / I'd sooner –

**Tutor:** Where would you spend your vacation?

**Student:** I'd sooner be \_\_\_\_\_.

0-3. May / Might / Must –

**Tutor:** What should I do if I'm not feeling well?

**Student:** You may \_\_\_\_\_.

0-4. Have got to –

**Tutor:** What do you have to do?

**Student:** I have got to \_\_\_\_\_.

0-5. needn't / don't have to –

**Tutor:** How did the interview go?

**Student:** Everyone was so nice to me. I needn't \_\_\_\_\_.

Grammar Review (文法の復習) (3-6 mins)

*Used to* expresses the idea that something was an old habit that stopped in the past. It shows that something was often repeated in the past, but it is not usually done now.

*Example:* I *used to* collect stamps (when I was a child).

*Used to* can also refer to past states or characteristics.

*Example:* She *used to* be very punctual.

If we want to make contrast between the past and present in sentences that use *used to*, we can add expressions like *but now*, *but not anymore*, or *but not any longer*.

*Example:* I *used to* eat a large breakfast, *but now* I don't anymore.

「used to」は、今ではめったに行わない過去の習慣を表します。

例文： I *used to* collect stamps (when I was a child).  
(子どもころ) 切手を集めたものでした。

「used to」はまた、過去の状態や性質を表します。

例文： She *used to* be very punctual.  
かつて彼女は時間にとっても正確でした。

「used to」を用いた文に **but now**、**but not anymore**、**but not any longer**、などの語句を付け加えて、過去と現在を対比させることができます。

例文： I *used to* eat a large breakfast, *but now* I don't anymore.  
以前は朝食をたくさん食べましたが、今は食べません。



Exercise 2 (エクササイズ 2) (2-4 mins)

Directions: Complete the exercise below to make a sentence. (下の文を完成させてください)

*Example: I used to walk my dog.*

(例文: 以前はよく犬の散歩をしたものです。)

- 2-1. Our town \_\_\_\_\_ a lot of wide open spaces.  
(私の住む街には広い空き地がたくさん\_\_\_\_\_。)
- 2-2. I \_\_\_\_\_ vegetables, but now, I eat a lot of it.  
(私は野菜\_\_\_\_\_が、今ではたくさん食べます。)
- 2-3. When my grandmother was still alive, she \_\_\_\_\_ clothes for me.  
(祖母は生前、私に服を\_\_\_\_\_。)
- 2-4. Sarah and Dawn \_\_\_\_\_ abroad every year.  
(サラとドーンは毎年海外へ\_\_\_\_\_。)
- 2-5. This road \_\_\_\_\_ full of cracks.  
(この道はひび割れだらけ\_\_\_\_\_。)

## Exercise 3 (エクササイズ 3) (3-6 mins)

Directions: Match the words below to make a correct sentence or phrase. There may be multiple combinations. Choose the best answer. (左と右の言葉を組み合わせて文を完成させてください。対応する組み合わせはひとつとは限りませんが、その中で最も適切な答えを選びなさい。)

He used to \_\_\_\_\_

3-1. tease me	shirt his friend gave him.
3-2. wear the	but now he doesn't.
3-3. serve in	for the anti-poverty campaign.
3-4. swim every weekend	the army.
3-5. volunteer	when we were in elementary school.

When she \_\_\_\_\_

3-6. was a kid, she used to	to be very fashionable.
3-7. lived in the countryside,	watch movies with her dad.
3-8. was a teenager, she used	she used to be the supervisor.
3-9. worked for that company,	used to be a library assistant.
3-10. was a university student, she	she used to play in the fields.

anti-poverty campaign: 貧困撲滅キャンペーン

library assistant: 図書館アシスタント/司書補佐

Exercise 4 (エクササイズ 4) (3-6 mins)

Directions: Practice having a conversation with your tutor. (講師と会話の練習をしましょう)

**Tutor:** What did you enjoy doing when you were young?

**Student:** I used to enjoy <ride / riding / ridden> my bicycle around the town.

**Tutor:** Did you bike with other people?

**Student:** Yes. I used to <go biking / biking / biked> with my brother.

**Tutor:** What other things did you enjoy doing when you were a kid?

**Student:** During weekends, I used to <swim / swam / swum> in the beach near my grandfather's house.

**Tutor:** Your grandfather's house is near the sea?

**Student:** Yes. My grandmother used to <preparing / prepare / prepared> snacks for me and my brother every time we went there to swim.

**Tutor:** That's so sweet of your grandmother.

**Student:** You're right. I always enjoy going to my grandparents' house.

Exercise 5 (エクササイズ 5) (3-6 mins)

Directions: Practice having a conversation with your tutor. (講師と会話の練習をしましょう)

**Tutor:** Tell me about your childhood days.  
(子どものころのお話を聞かせてください。)

**Student:** I used to \_\_\_\_\_.  
(私はよく\_\_\_\_。)

**Tutor:** Do you think you changed a lot when you grew up?  
(成長してだいぶ変わったと思いますか。)

**Student:** Yes, there were a lot of changes. I used to \_\_\_\_\_but now I'm \_\_\_\_\_.  
(ええ。だいぶ変わりました。当時は\_\_\_\_でしたが今は\_\_\_\_。)

**Tutor:** I think changes happen to everyone.  
(人は誰しも変わるものですね。)

**Student:** I think some changes really helped me a lot. For example, I \_\_\_\_\_ . But now, I'm \_\_\_\_\_ .  
(変わって本当によかったなということもあるんですよ。たとえば、私は\_\_\_\_。ですが、今では\_\_\_\_。)

**Tutor:** Were all the changes in you positive?  
(すべての変化はプラスになりましたか。)

**Student:** Not exactly. Sometimes my friends tell me I \_\_\_\_\_ but now I'm not.  
(よくわかりません。友人からは『あなたは\_\_\_\_けど今は違うわね』とたまに言われます。)



**Exercise 6** (エクササイズ 6) (5-10 mins)

Directions: Practice and enjoy a free talk with your tutor. (講師とフリートークを楽しんでください)

Guide Questions from the tutor: (講師は次の質問で会話を始めます)

- 6-1. What changes have you noticed in your environment?
- 6-2. What changes have you noticed in yourself?
- 6-3. What are the things that you used to enjoy when you were young?
- 6-4. What bad habit did you use to have?